




Find a Therapist Listing

London

Name	Leigh Blyth	
Location	London and Reading, Berkshire.	
Telephone	07905 890475	
Email	leigh@psychotherapycoaching.co.uk	
Website	www.psychotherapycoaching.co.uk	
Membership	Member of Awaken School	
Qualifications	<ul style="list-style-type: none"> ○ NLP Master Practitioner ○ Advanced Patterns in Psychotherapy ○ Intermediate Certificate in Contemporary Psychotherapy ○ NGH Hypnotherapist Certificate 	
Special Interests	<ul style="list-style-type: none"> ○ Stress ○ Anxiety ○ Depression ○ Addiction ○ Mind-body integration ○ Trauma ○ Personal Growth ○ Coaching ○ Medically unexplained physical symptoms ○ Body Psychotherapy 	

Name	Patrick Hamilton	
Location	London	
Telephone	07765 258099	
Email	patrick.hamilton@choosetodowell.com	
Website	www.choosetodowell.com	
Membership	Member of Awaken School UKCP Trainee Therapist Member	
Qualifications	<ul style="list-style-type: none"> ○ Advanced Patterns in Psychotherapy ○ Trainer of NLP ○ Psych-k Facilitator ○ Clinical Practitioner in NLP 	
Special Interests	<ul style="list-style-type: none"> ○ Anger ○ Anxiety ○ Depression ○ Relationships ○ Trauma <p>Work with individuals and couples face to face or online via video or telephone</p>	

Name	Henrietta Laitt	
Location	Central and South West London	
Telephone	07788 262639	
Email	henrietta@resultsforsuccess.com	
Website		
Membership	ANLP Trainer Member Member of Awaken School	
Qualifications	<ul style="list-style-type: none"> ○ Certified NLP Master Practitioner and Trainer ○ Clean Language Facilitator ○ Progressive Thought Field Therapist (Meridians-Adv) 	
Special Interests	<p>Working with and supporting individuals who are experiencing issues and challenges relating to significant life events and transitions (redundancy, relationships, bereavement etc) either in their work or personal life. Enabling them to gain practical strategies for self management, as well as clarity, confidence and peace of mind, going forwards.</p>	

Name	Lara Just	
Location	London	
Telephone	07791 991199	
Email	lara@adadsu.com	
Website	www.adadsu.com	
Membership	UKCP Accredited Psychotherapist Member of Awaken School	
Qualifications	<ul style="list-style-type: none"> ○ PGDip Psychotherapy ○ BSc (Hons) Nutritional Therapy ○ NLP Master Practitioner ○ Reiki II Practitioner 	
Special Interests	<p>Lara Just is a psychotherapist (UKCP Acc), licensed HeartMath® provider and registered Coach with special interest in mind-body interactions for mental and physical health and wellbeing. She is the founder of ADADSU (www.adadsu.com), a London-based company that provides psychotherapy and coaching, complementary health services and educational information in an integrative way to more sustainably improve mind-body-spirit health and wellbeing. She works in her private practice in London (Clapham Junction and Central London) with adults and working professionals, and delivers workshops to groups.</p> <p>My Specialities: Personal Development, Life or Career Change, Relationship issues, Anxiety, Stress, Depression, Low Mood, Body image issues, Mindfulness, Performance, Disordered eating, Addictions, Trauma, Abuse, Self-neglect & Self-harm, Low Self-esteem, Lack of purpose, Sleeping issues, Lack of motivation, Sexuality, Identity issues, Spirituality, Psychosomatic disorders (see also: http://adadsu.com)</p>	