

Find a Therapist Listing North East

Name	Lisa Wake	
Location	North Yorkshire	
Telephone	0845 8732036	
Email	info@awakenschool.co.uk	
Website	www.awakenschool.co.uk	
Membership	UKCP Accredited Psychotherapist Member of Awaken School	
Qualifications	Master Trainer of NLP NLP	
Special Interests	 Child and Adolescent Psychotherapy Behavioural Disorders Self Harm Eating Disorders 	

Breakthrough Sessions



Name	Franca Mongiardi	
Location	Stockton-on-Tees; Tees Valley Area	
Telephone	01642 769009 07811 257457	
Email	info@novarte.co.uk	
Website	www.novarte.co.uk	
Membership	UKCP Accredited Psychotherapist Member of Awaken School	
Qualifications	 NLP Master Practitioner NLP Trainer Clinical Hypnotherapist Holistic Therapist 	
Special Interests	 Relationships Addictions Abuse and Trauma Health Problems e.g. Long Term Conditions 	

Name	Garreth Murrell / Veterans at Ease	
Location	North East and Outreach service to rest of UK	
Telephone	07584 056181	
Email	garreth@veteransatease.org	Veterans at Ease
Website	www.veteransatease.org	BECAUSE MILITARY MINDS MATTER Registered Charity No. 1140832
Membership	Member of Awaken School	registered Charity No. 1140652
Qualifications	NLP PractitionerNLP Master Practitioner	
Special Interests	Post-Traumatic Stress DisorderPost-Traumatic Growth	

Name	Fe Robinson	
Location	Durham	
Telephone	0191 3722484	
Email	fe@buddleja-transformatons.com	
Website	www.buddleja- transformations.com/psychotherapy	
Membership	UKCP Accredited Psychotherapist Member of Awaken School	
Qualifications	 Diploma in Outcome Oriented Psychotherapies Certificate in Supervision 	
Special Interests	 Certificate in Supervision Depression Anxiety Loss/Bereavement Relationship Difficulties Low self-esteem Panic Attacks Phobias A search for meaning Obsessions and compulsions Leaning to heavily on supports such as alcohol and drugs Sexuality/sexual difficulties Childhood traumas I use a range of approaches with clients including Mindfulness, working with Metaphor, and using self-relations to help clients get in touch with their inner experience. I am currently training as an EMDR therapist; EMDR is a specialist treatment for trauma 	

Name	Maureen Thompson
Location	Blyth / Newcastle
Telephone	01670 362198 07841 598869
Email	hypno mt@yahoo.co.uk
Website	
Membership	UKCP Accredited Psychotherapist Member of Awaken School
Qualifications	 Advanced Patterns in Hypno-Psychotherapy NLP Master Practitioner Foundation in Clinical Hypnosis Diploma in Clinical Hypnosis – Medical Examination Board NCFE Certificate in Counselling Skills Foundation Certificate in CBT – Northumberland, Tyne and Wear NHS Foundation Trust
Special Interests	 Hypnotherapy Smoking Cessation and Weight Loss Dissociative Identity Disorder Pain Relief (including Childbirth) Fears and Phobias Anxiety Panic Disorders Confidence and Self Esteem Sleep Difficulties Depression Stress Mind & Body IBS