



Clinical Skills in NLP

Dates: 5th & 6th December 2024
16th & 17th January 2025 10-4pm

Venue: Online

Have you completed generic NLP Training and want to upgrade your skills to work with clients with clinical conditions? Are you working with clients with complex histories? Would you like to expand your skill range or refresh your former learning? Would you like to work towards UKCP accreditation?

We are offering a series of programmes over 4 days that covers clinical aspects of NLP and Neurolinguistic Psychotherapy. Candidates have the option to attend all 4 days or individual days as a refresher of techniques. The programme consists of:

- Day One:**
 - Introduction to NLP Therapy
 - The Client Therapist System
 - Detailed Personal History

- Day Two:**
 - Advanced Strategies
 - Possibility based Problem Solving

- Day Three:**
 - Advanced Submodalities
 - Time Line Interventions

- Day Four:**
 - Parts and Fragmented Aspects of the Self

For those of you either working towards UKCP accreditation or already accredited the training hours can count towards your CPD hours. We will provide evidence to add to your portfolio for UKCP.

Cost: £750 (payment plan is available)

To receive further information or to book your place, please contact us at our offices

Bryn Fforch, Nant Peris, Gwynedd, LL55 4UL

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Awaken School of Outcome Oriented Psychotherapies Ltd

The School was founded in 1983 (as Centre Training) and starting training in 1984 to provide students with a thorough knowledge of hypnotherapy and different models of psychotherapeutic practice, set against the appropriate theoretical background. In September 2006 the school changed hands and Awaken School was formed. Lisa is a United Kingdom Council for Psychotherapy (UKCP) accredited Psychotherapist and has a long history of running successful psychotherapy and NLP based training programmes. In addition, Lisa de Rijk has a long association with UKCP, firstly as Vice Chair from 2003 to 2005 then Chair from 2005 to 2007 and has long campaigned for high standards of training and practice, and the statutory regulation of the profession.

Awaken School has the status of a Training and Accrediting member of UKCP

Lisa de Rijk

Lisa is a highly experienced and well respected psychotherapist, trainer, coach, facilitator and change management consultant.

Lisa has a PhD in Psychology from Surrey University and is Visiting Research Fellow at Kings College, London. Lisa is accredited by the UK Council for Psychotherapy and remains on the Nursing and Midwifery Register for her clinical research work.

As a psychotherapist, Lisa has served as both Chair and Vice Chair of the UKCP, working closely with the Government on the statutory regulation of psychology, psychotherapy and counselling and has long been a proponent of the effectiveness of brief therapy. Lisa has actively campaigned for rigour of standards, ethics, and research in psychotherapy and has contributed to the neurolinguistic psychotherapy field with the publication of her groundbreaking book for the Advancing Theory in Therapy series for Routledge, *Neurolinguistic Psychotherapy: A Postmodern Perspective*. Lisa's subsequent publication for the UKCP series with Karnac, *The Role of Brief Therapy in Attachment Disorders* attracted the support and contribution of Betty Alice Erickson, family therapist and daughter of Dr Milton H Erickson, renowned Psychiatrist and Hypnotherapist. Lisa has published as lead editor, 2 further books on the clinical evidence for neurolinguistic programming.